



SGRC Monthly Updates

Edition: May 2025

Theme: *Empathy in Everyday Practice*

Monthly Highlights

In May 2025, the Sarthak Global Resource Center continued its mission of inclusion, empowerment, and empathy through active engagement and impactful interventions:

- **7 Vision in the Dark Sessions** held to strengthen awareness and commitment
- **43 Visitors** explored SGRC and its inclusive learning model
- **141 Trainees** actively participated across programs
- **137 Therapy Sessions** delivered (78 online and 59 offline)
- **15 New Enrollments** in our early intervention and training programs

Voices from the Month

‘Vision in the Dark’ – Reflections from a National Leader - We were honoured to welcome *Mr. Rajiv Kumar, Former Chief Election Commissioner of India*, to the SGRC. He expressed deep appreciation for the talent and spirit of persons with disabilities and remarked:

‘This is not just a training center—it's a movement. The concept of 'vision in the dark' truly touched me. It helped me understand the resilience and strength of the visually impaired and the broader disability community. The Early Intervention Program, especially, is transformative for both children and their families.’

Watch the interaction – https://youtu.be/bk7Hve_x3VU

Corporate Engagement Snapshot

May welcomed visits from a diverse set of institutions and leaders including **Amazon, Kunskapsskolan International School, Honda Motorcycle & Scooter India Pvt. Ltd.** Their focus areas included inclusive hiring, volunteering, and candidate interaction. All guests shared heartfelt appreciation for SGRC's immersive and hands-on approach to learning and skilling. Several also expressed keen interest in future collaborations.

Training & Skill Development

Our sessions this month focused on **Resume Making, Soft Skills & Their Real-World Implementation, and Mock Interviews.** These were designed to equip trainees with essential workplace competencies and the confidence to succeed.

Trainee Spotlight – Sahil Kumar Rai (Batch 5227)

'I have 50% visual impairment and since joining Sarthak, my life has taken a new direction. I've developed practical skills, self-confidence, and a real sense of purpose. This experience is shaping my future and giving me hope.'

Early Intervention Update

The Early Intervention Program at SGRC continues to create meaningful change in the lives of children and families. This month, we celebrate the journey of **Harsh Kashyap (age 9).**

When Harsh arrived, he struggled with high sensory sensitivity and rapid, unclear speech. Through consistent sensory play, occupational and speech therapy, he has shown remarkable improvement. Harsh now self-regulates using safe sensory strategies, understands social boundaries, and speaks more clearly with a reduced speech rate. His story is a powerful reminder of how timely support and empathy can unlock potential.

Visitor Feedback Trends

Feedback this month was overwhelmingly positive. Visitors described their experience as a 'life-time memory,' 'eye-opening,' 'well-organised,' and 'truly impactful.'

Many shared how the visit challenged their perceptions of disability and inspired them to become more inclusive in their personal and professional spaces.

What's Next?

Here's a glimpse of what's coming up in June:

- **2 Corporate Workshops** planned with Marriott and Pullman Hotels
- **2 School Awareness Visits** to promote disability inclusion at the grassroots

Thank you for journeying with us in building a more empathetic, inclusive, and empowered India.

Let's continue to make empathy a daily practice—not just a concept.

With gratitude,

Team SGRC