



SARTHAK NAAI JANUARY BULLETIN 2020

Empowering Persons with Disabilities
since 2008

Highlight of the Month

Team Sarthak at Tata Mumbai Marathon 2020



40 trainees along with buddies represented initiatives of Sarthak Educational Trust during Tata Mumbai Marathon 2020.

Samagam at Bhopal

151 job Fair for Persons with Disabilities along with Round Table Conference conducted by Sarthak Educational Trust at Bhopal to sensitize the corporate sector for building an inclusive workplace.



Centers in Progress

Alumni Interaction at Sarthak Thane



Dr. Jitender Aggarwal, CEO, Sarthak during an interaction session with Alumni and Parents at Sarthak Thane Center supported by Credit Suisse Securities Ltd

Sarthak in BBC News

Dr. Jitender Aggarwal, CEO, Sarthak along with Swati Rustugi, Director HR, Amazon and Devika Malik, Para-athlete in BBC News sharing experience on Disability: Fighting for dignity and inclusion.



Stakeholders Outreach

Team Sarthak with IES Officers



Sarthak National Advisory Board Members Dr. Sudhir Gupta and Shri Sandeep Bhargava sharing Sarthak model of empowering PwDs with new batch of IES officers at NSDC office.

Capacity Building session by Padma Bhushan Dr. MB Athreya

Session on Managerial & Leadership Effectiveness by Padma Bhushan Dr. M B Athreya at Sarthak Head office.



Felicitating Catalyst of Change



With Ramesh G, Managing Director, HDB Financials



With Ashish Gupta, MD, Credit Suisse Secruties Ltd



With Vinay Deshmukh, Head CSR, Mahindra Financials



With Rupa Naik, Senior Director-Projects, WTC Mumbai

Stories of Success

Placed in Tapri- The Tea House!

Kamal's life was never been easy from the beginning. Lack of accessibility in Sign Language of small district Bara, led Kamal to be in Jaipur and exposed him to various career options. Trained from Sarthak Skill Building centre Jaipur in Hospitality and placed in Tapri – The Tea House gave the chance to Kamal to live beyond his dis “Ability” and work over his efficiencies.



Placed in Reliance Trends!

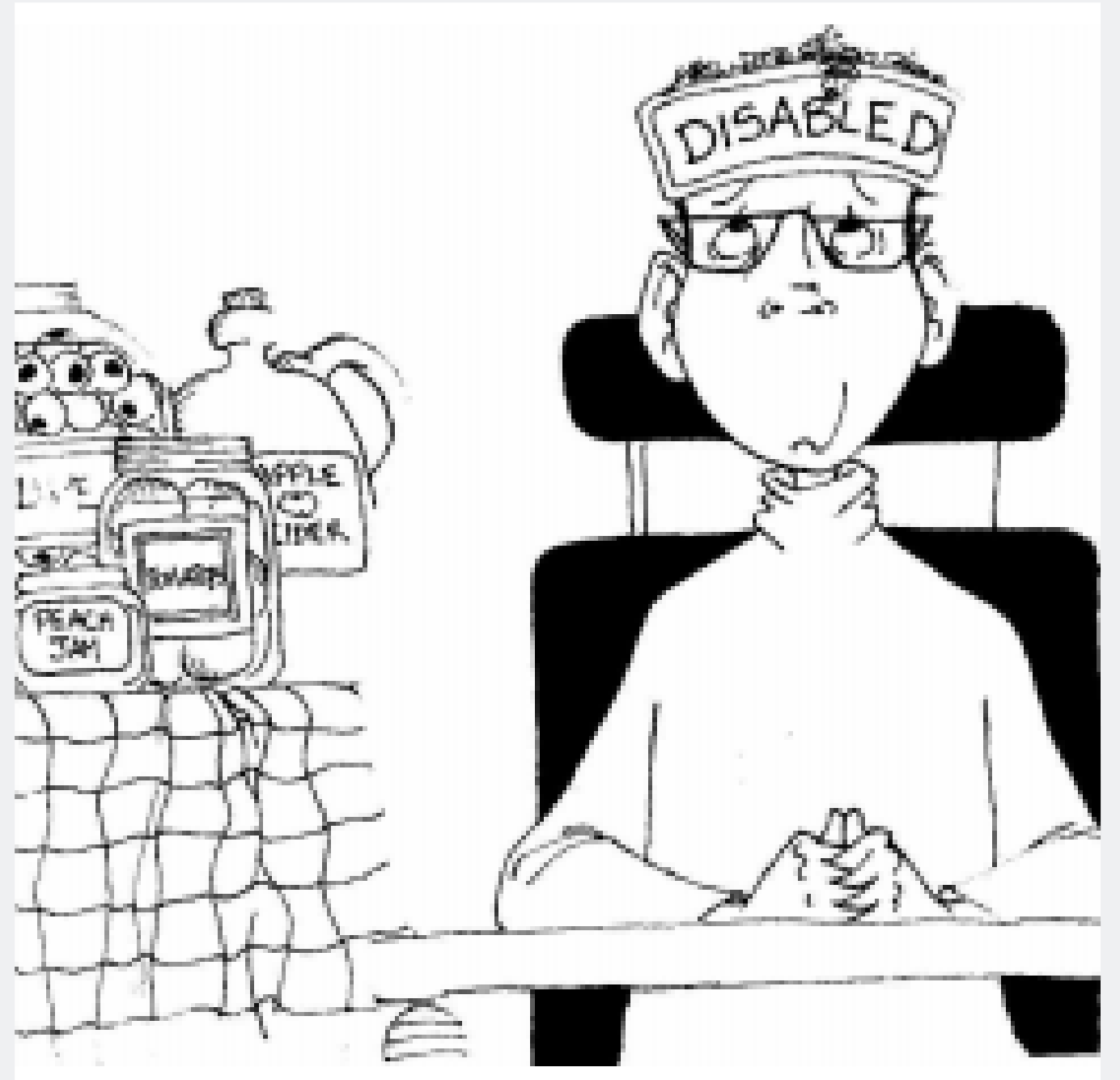


A 29 Years Ch. Hameer Khan Hails from Karunagappally a small town of Kerala. While searching for job he came to know about Sarthak Hyderabad Center. Upon enrolling he learned many things and acquired skills related to interview techniques and molded himself with adequate good knowledge and upgraded his skills and finally got placed in Reliance Trends as a CSA.

Common Myths and Misconceptions About Disability

Myth: A person's disability defines who they are as an individual.

People often label individuals with a disability according to their condition or limitations. It is common in our daily lives to hear references such as “the disabled” or “the epileptic.” Individuals with disabilities are people first. Remember the slogan “Label Jars, Not People.”



Myth: People with disabilities are sick and in constant pain.

People with disabilities are like people without disabilities. People get sick on occasion or sometimes may be in pain. People with disabilities typically do not suffer or experience pain due to their condition.



Common Myths and Misconceptions About Disability

Myth: People with disabilities are brave, courageous and inspirational for living with their disability.

People with disabilities are often portrayed as superhuman or courageous as they triumph over adversity. George Covington, a writer who is blind, has said, “We’re seen as inspirational, and inspiration sells like hotcakes. My disability isn’t a burden: having to be so damned inspirational is.”



Myth: Disability is a personal tragedy and deserves our pity. Disability is often viewed as an unending burden.

People with disabilities are often viewed as tragic figures whom society should pity. Disability does not mean a poor quality of life. It is often the negative attitudes of society and the lack of accessibility within the community that are the real tragedy.