

SARTHAK-NAAI SEPTEMBER BULLETIN

Empowering Persons with Disabilities since 2008

UPCOMING EVENTS

AIRTEL DELHI HALF MARATHON- OCTOBER 20,2019

**6TH NATIONAL CONFERENCE ON DISABILITY &
NATIONAL ABILYMPICS 2019 - NOVEMBER 15-16,2019**

**www.sarthakindia.org
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Teachers Day Celebration across Sarthak Centers



*“Gurur Brahma Gurur Vishnu Gurur Devo Maheshwaraha Guru Saakshaat Parabrahma
Tasmai Sri Gurave Namaha”*

Sarthak Educational Trust celebrated Teacher's Day on 5th September 05, 2019 across its centers to acknowledge the role of *Gurus* in our lives.

Hand-made cards and gifts were presented by students of various Centres to their trainers for appreciating their selfless service. Fun activities were organized for trainees with tokens of appreciation for winners.

Trainees at **Ghaziabad** center enacted like their trainers as a part of the fun activity on teacher's day. On the other hand, **Mr. Sunil Adapa, Manager at Iray Solutions**, visited the **Hyderabad Centre** to motivate and inspire students of Sarthak to achieve their goals.

The students prepared creative gifts using unused paper for the guest speaker.

Also, Trainees at **Jaipur** Centre came forward to discuss the experience of providing training at Sarthak and personal changes they experienced in the process. The center also witnessed a successful placement drive with a selection of trainees at **Amazon**.

Not only this, the students of **Lucknow and Ludhiana Centre** organized a dance performance for the trainers and thanked them and team Sarthak for being their ray of hope.

Resume Building and Mock-Interview Workshop at TATA COMMUNICATIONS



Under the **volunteering and Employee Engagement umbrella** of **Tata Communications**, an interactive workshop on Resume Building and Mock-Interview Workshop were organized in the centers of Sarthak Leap Inclusion Center, Mumbai and Sarthak-Credit Suisse Skill-Building Center in Thane.

The workshop provided an opportunity to Sarthak trainees to experience the need of quality Resume and strong communication skills to grab a job in corporate sector.

Dr. Jitender Aggarwal , CEO, Sarthak at India CSR Summit

Dr. Jitender Aggarwal, Founder & CEO, Sarthak Educational Trust, shared panel with Ms. Anuradha Sharma (Oracle Academy and Philanthropy), Ms. Monisha Banerjee (Anudip Foundation), Mr. Parthasarathi Changdar (AkzoNobel India) and Ms. Anu Mehta (Honda Cars India) in **Tech for Impact Asia 2019 India CSR Summit 2.0**.

Various facets of skill development, including disability inclusiveness, industry demand, regular training, assessment and quality placement opportunities, future job roles and overall value-chain of skilling industry were discussed as a part of the summit.



Disability Sensitisation Workshop at 4 Point Sheraton, Mumbai



Disability Sensitisation workshop conducted at **4 Point Sheraton, Mumbai** leading hospitality chain with an aim to create awareness and sensitized approach among different levels of workforce in an organization to work towards creating an eco-sphere to have an inclusive workplace by recognizing '**Ability in Disability**'.

The key objectives of the workshop was to:

- To educate and aware participants about Disability, Government Policy & Provisions for PwDs and PwD rights.
- To bring attitudinal/ perceptual shift towards the PwDs as a valuable resource for the organization.
- To create an enabling environment for PwDs to work with sensitive colleagues.

Team Crocs at Sarthak Gurugram Center

Sarthak prominent funding partner, **Crocs India Pvt Ltd** visited Sarthak Gurugram center to have an interactive session with beneficiaries.

HR, Marketing, Finance, and Sales leaders joined the interaction session to motivate the spirits of the divyangs along with key notes to enhance their skills.

The event concluded with **Disability Sensitisation Activities** with the employees of Crocs.



Beneficiary Speak: HN Naveen, Process Associate, Genpact



"Life is all about, struggling, failure and accomplish. Believing you 100%, performing 100%, is called success."

- HN Naveen

B.com graduate from Balaji degree college, Andhra Pradesh, H.N.G Naveen was often looked down upon by his classmates due to his disability.

Being mocked at for being a single-handed person, he often found himself struggling and unable to cope-up with studies. In search of job and support his economically weaker family, he shifted to Hyderabad.

But his disability and weak communication skills became a major hurdle in finding a job. The idea of being unemployed and struggles with disability left Naveen traumatized.

But a constant support from his family, motivated him to fight against all odds in road to success.

After finding about **Sarthak Educational Trust** through one of his friends, he immediately enrolled in the **Capgemini supported, Sarthak Leap Inclusion Center**.

With the help of Sarthak, not only his English, IT and communication skills improved, but he also successfully got placed as a **Process Associate at Genpact, Hyderabad** at package 2 Lakhs Per Annum.

He found his ray of hope at Sarthak and today has emerged as a successful financial independent person.

Messages from Changemakers

Compared to others in this empathy filled group, my intro to SARTHAK as well as Dr. Aggarwal has been recent and small in this year 2019.

When he visited Chennai earlier this year, I introduced him to some local parties and also participated in a public program.

What I observed was that while the problem of assisting Disabled citizen in India is huge in terms of numbers and lack of adequate funds, I noticed that SARTHAK is adopting an innovative, "near to the final solution" policy of helping such people finding jobs in corporate sector (India Inc) rather than asking for Government handouts- which are usually politically tied. It may need another route to help them also support them as self-employed by finding small business opportunities in their local surroundings for which in my opinion both opportunities as well as funds (via Mudra) are available.

Best wishes for SARTHAK in their endeavor to assist the disabled people and thereby also helping able people who are the family members who otherwise bear the main burden. So the impact population is bigger.

~ P.B.V.Rajan- Camp-San Francisco

I wish to place on record that decade over journey of Sarthak Educational Trust has been directional and a Success story.

It has spread its wings Pan India and god Almighty has been with Team Sarthak in all the endeavours as its primary cause is to merge PwD's in the mainstream of society.

The Sarthak has added many laurels over the years by extending all kinds of opportunities to the PwD's, sensitising environment about special needs. Bringing in Corporate houses to render career opportunity to the fraternity of special children and constant connect with Ministry for support. These achievements are true reflection of selfless service, vision and efforts of Dr. Aggarwal and all senior members associated with Sarthak for the past 11 years.

~ Col. Multani (Indian Army)

Sarthak ..has indeed lived upto its name and much beyond too.. Picking up a meaningful (sarthak) cause and developing it into a campaign and then into a movement that has pulled in people from all walks of life. young and old, casual and dedicated ,the haves and the have nots, the employers and employees and now celebrities too!!!

Definitely a glorious journey so far with several milestones covered and many more targeted for the journey ahead... So many individuals and families blessed with a more worthy life and livelihood !!

Kudos to the team..its advisors and mentors with a special mention of Dr Aggarwal, Dr Athreya, Mr Kalra and all others for their motivation and support for improving the lives of so many well deserved fellow humans through the most dignified and sustainable approach Sarthak has proven (validated time and again by their several supporters) it makes immense economic, corporate and social sense to skill up and employ this segment that is gifted with many more abilities than disabilities.

We pray for many more achievements and laurels for Sarthak in the years to come

~ Malti Jain

Lets Learn more about Disability

Autism Spectrum Disorders (ASD): Common Assistive Technologies

Communication Skills: People who have autism spectrum disorder (ASD) may experience a wide variety of communication difficulties. Some people with ASD may be totally non-verbal and some may have difficulties understanding social cues or appropriate conversation topics.

The following assistive technologies may assist those with ASD with communication. **Speech Generating Devices** A speech-generating device is "a portable that contains one or more panels or switches that when depressed will activate pre-recorded digitized or synthesized speech output." These may be a standalone device, usually very small and light, or it can be software that is installed in a tablet or phone.

GoTalks: GoTalks are a type of speech generating devices. GoTalks are offered with various amounts of communication options and sizes.

Social Skills : People on the autism spectrum can have a hard time with social skills that may come easily to those who are not on the spectrum. Some caregivers or those on the spectrum may choose to try to develop those social skills with technology and methods that can help individuals recognize facial and behavioral cues that can help social functioning. Two examples of these methods include video modeling and script training, where individuals learn pro-social behaviors based on imitation. Individuals can learn these skills in games like the following:

FaceSay Social Skills Software Games: FaceSay produces games that can help ASD children/adults to better recognize behavioral and emotional cues. Their focus is on students who can benefit from this software in school and friendship relationships.

Daily Living Skills: In order to function independently, daily living skills such hygiene, organization skills, and recreational skills are important. Caregivers can help those with ASD with these skills, but individuals with ASD can also develop these skills and independence. It is important to remember that ASD occurs in a wide spectrum and that some with ASD might never have problems functioning independently, while others may need more assistance.

Life skills can be taught through instruction and presentations, and also through special software like **Life Skills Winner**.

Life Skills Winner is an application that allows users to score points while learning daily living tasks in an interactive setting. The application is available through the web and also on mobile devices.

For more details

Visit us at: www.sarthakindia.org and www.abilympicsindia.org

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