



EMPOWERING DIFFERENTLY ABLED SINCE 2008

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# SARTHAK NAAI MAY BULLETIN

FOLLOWING LIFE CYCLE APPROACH TO EMPOWER  
DISABILITY SECTOR

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UPCOMING EVENTS- REGIONAL ABILYMPICS  
2019

**MUMBAI: JUNE 14-15,2019**  
**NEW DELHI-JULY 4-5,2019**  
**CHENNAI- JULY 19-20,2019**  
**KOLKATA-AUGUST 9-10,2019**

**[WWW.ABILYMPICSINDIA.ORG](http://WWW.ABILYMPICSINDIA.ORG)**

# HIGHLIGHT OF THE MONTH

## Disability Sensitization workshops with Intercontinental Hotels Group



**Intercontinental Hotels Group (IHG)** collaborated with **Sarthak Educational Trust** to empower Persons with Disabilities by extending support towards vocational skill building of youth with disabilities of age group 18-35 years. IHG ensured to support the cause not only by providing livelihood support but also by building an inclusive and accessible workplace all across India. With the intent, IHG and Sarthak Educational Trust conducted **Disability sensitization workshops** all across the properties of IHG with the line 9, objective to create inclusive and informed approach towards persons with disability

The disability sensitization workshop touched upon various aspects such as Orientation of Disability and its causes, RPwD Act, general misconceptions about PwDs, Dos and Don'ts of interaction with PwDs, Sign language and best practices prevalent in Hospitality sector for hiring PwD workforce.

# CENTERS IN PROGRESS

## Sensitization workshop with Delhi International Airport Limited (DIAL)



Team Sarthak along with **Shri Sandeep Bhargava, EVP, Vodafone** in collaboration with **GMR & Delhi International Airport** conducted a sensitization drive with DIAL Employees to equip them with required understanding to create facilitative and inclusive environment for PwDs

## Guest Lecture at Sarthak skill building center Delhi

Guest lecture was taken by **Mr. Neeraj Gupta, CFA** on of Financial Literacy at Sarthak Delhi Skill-Building Center for Persons with Disabilities with the intent to enhance and strengthen the financial concepts of our trainees and team.



# CENTERS IN PROGRESS

## Employee Engagement Activity with LinkedIn



Last month, on the event of LinkedIn's Give Back InDay - came together to invest time as LinkedIn coaches to differently abled students from Sarthak Educational Trust by conducting profile reviews, mock interviews, career conversations & helping them search for relevant jobs. The activity was conducted with an objective to help close the network gap & move towards equal opportunities.

## First Stitching batch in Sarthak Ambala Center

Sarthak with the support of **Singer India** started providing vocational skill building training in the trade of **Tailoring and stitching** in Sarthak Ambala center with an objective to extend livelihood support in rural belts of India.



# STAKEHOLDERS OUTREACH

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## Certificate Distribution Ceremony- Shri Vikram Joshi



Team Jaipur extends heartfelt thanks to **Shri. Vikram Joshi**, State Advisory Board member for gracing the **Convocation ceremony** with his presence.

## Capacity Building session with Shri NV Chandramouli

Team Mumbai extends heartfelt thanks to **State Advisory Board Member, Shri NV Chandramouli**

for conducting a capacity Building session with the team and trainees. The session was followed by certificate distribution ceremony to boost the spirits of center trainees.



# NATIONAL ABILYMPICS ASSOCIATION OF INDIA

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## Regional Abilympics 2019

**NAAI and Sarthak are going to organize two day vocational skills competitions for PwDs in –**

1. Mumbai – 14th & 15th June, 2019
2. Delhi – 4th & 5th July, 2019
3. Chennai – 19th & 20th July, 2019
4. Kolkata – 9th & 10th August, 2019

The Regional competitions will be held in 10 new skill trades –

1. ICT/Computers – Desktop publishing, Character designing, E-sports.
2. Crafts – Floral Arrangement.
3. Food – Bakery, Cooking.
4. Services – Beauty therapy, Tailoring, Jewellery making
5. Industry – CAD Architecture

The events will comprise of following activities during the two days

1. Regional Conference on disability
2. Vocational Skill competitions in 10 skill categories
3. Job Fair for PwDs
4. Valedictory session and Award ceremony.

The events will be graced by various stakeholders – Govt. Officials, Corporate Executives, PwDs from different Institutes, NGO's, and many others.

# STORIES OF CHANGE & EMPOWERMENT

## Priyanka Dabade-Gold Medalist, National Abilympics,



For 28 year old **Priyanka Dabade**, life revolves around colours, fabrics and textures - for she not just designs dresses with them, but weaves her dreams in these fabrics!

Her profession is not just a means of livelihood, but a passion that makes her otherwise mute life vibrant and happening! Hailing from Sangali, Maharashtra, Priyanka was born to working class parents with 100 per cent hearing impairment.

A quite child, Priyanka was fascinated by garments and secretly harboured a dream of starting her own line of clothes- a dream that she knew would not be easy to realise. Supported and encouraged by her parents, Priyanka completed her SSC and went on to pursue a diploma course in Fashion Designing from Pune. However, proving her talent to the world was still an arduous task for her, as Priyanka, despite the diploma in her hand, struggled to get the right break to kick start her career.

It was at this time that she came to know of the Abilympic competitions of vocational skills. She decided to take part in the **West Zone Regional Abilympic** competition in skill category - Embroidery, organized by National Abilympic Association of India (NAAI), held in Pune.

Her gold medal performance earned her a place in the **National Abilympic** in Delhi. She came out with flying colours, by winning a **Gold again in Embroidery**. Her performance in the abilympics has given her that break she hoped for and now her next target is to get a Gold in the International Aabilympics 2020.

Participation in Abilympic competitions has instilled a new found zeal and confidence in young Priyanka who now strongly believes that PwDs are no less than any normal person and should be treated on equal terms.

# STORIES OF CHANGE & EMPOWERMENT

## Vikash Singh – an inspiration who stands tall for Customer satisfaction



Born in Hathras, Vikash Singh is the youngest member in the family of seven. Life was quite normal, when all of sudden at the age of six, Vikash met with an accident and suffered 40% disability in his left leg..

His father a farmer by profession and the sole earning member of the family wanted his son to continue his studies and Vikash who was good in academics completed his B.Com from Dr. Bhimrao Ambedkar University, Agra.

He wanted to study further and complete his M.Com but his family did not have enough means to fulfill his desire. He therefore started searching for a decent job to arrange for his fees. All his attempts failed, as all he got was rejection due to his physical challenge.

He then came to know about free training and employment opportunities offered by **Sarthak Educational Trust**, through an advertisement circulated on social networking site. He immediately called the Centre in Faridabad to get more information. The information shared by the Helpdesk made him very interested and he completed all the formalities and got registered for the three months training.

His exposure to various modules related to basic computers, communication/soft skills and sector specific, taught, helped him understand the practical needs of the current job market. Various activities undertaken during the trainings like exposure visits to potential employer's outlets helped him further get firsthand experience about work culture. Trainers involved him various group discussions making presentations and updating the trainees of interview skills through mock interviews proved to be the icing on the cake as it took his confidence level to next strata.

He cracked the interview with the leading retail chain in India, **Reliance Smart** and was selected as a **Customers Sales Associate**.

# LET'S LEARN MORE ABOUT DISABILITY

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## Common Learning Disabilities

**Dyslexia:** It is a learning disorder that impedes the student's ability to read and comprehend a text. Some people struggle with phonemic awareness, which means they fail to recognize the way words break down according to sound. Similar problems can occur with phonological processing, wherein students cannot distinguish between similar word sounds. Other issues relate generally to fluency, spelling, comprehension and more. Students may experience one reading issue or multiple issues when struggling with dyslexia.

**ADHD :** Students who have ADHD have difficulty paying attention and staying on task. These students can be easily distracted and often have difficulty in traditional school settings. Unlike typical learning disabilities, which need instructional interventions, ADHD can be successfully treated with medications and behavioral therapies.

**Dyscalculia:** Math is another major area of concern when it comes to learning disabilities. While difficulty with reading can affect a student's ability in math, some students also suffer from dyscalculia, which is a disorder that specifically affects one's math capabilities. Dyscalculia can range from an inability to order numbers correctly and extend to limited strategies for problem solving. Students with math disorders may have trouble performing basic math calculations, or they may have difficulty with concepts like time, measurement or estimation.

**Processing Deficits:** Learning disabilities are also connected to processing deficits. When students have a processing deficit, they have trouble making sense of sensory data. These deficits are most often auditory or visual, and they can make it hard for students to distinguish and remember important information that is needed to succeed.

Source: <https://www.masters-in-special-education.com/lists/5-most-common-learning-disabilities/>

**For more updated, stay tuned to [www.sarthakindia.org](http://www.sarthakindia.org) & [www.abilympicsindia.org](http://www.abilympicsindia.org)**