

Sarthak-NAAI October Bulletin



Highlight of the Month



In the first week of October, **India's Biggest skill Competition** took place at Aerocity, New Delhi where team Abilympics -Olympics of Abilities for persons with disabilities (PwD's) participated for the first time in an inclusive competition organized by World skills India under the ambit of National Skill Development Corporation.

In the month of May to June, **National Abilympics Association of India** and **Sarthak Educational Trust** conducted Regional skill Competitions for persons with disabilities and shortlisted the best talent for the National Event. The Regional winners shortlisted across India showcased their talent in the trades of IT, hospitality and crafts and waved the flag of Abilympics during India skills 2018.

The National event was inaugurated by **Shri Dharmender Pradhan, Minister of Petroleum & Natural Gas, and Minister for Skill Development & Entrepreneurship, Government of India.** Honorable minister applauded the efforts of divyangjans especially the 50 candidates who participated in 10 skill trades.

After a continuous 3 day competitions, Out of 50 candidates, 9 candidates won Gold, 8 silver and 9 bronze medals in different trades of ICT, Crafts and Food.

The Gold Medalist all across the trades will participate in **International Abilympics 2020 in China.**

Centers in Progress

Hyatt Culinary Challenge with children with special needs



Kids of Early Intervention Center participated in **Hyatt Culinary Challenge** organized by Hotel Andaz, Aerocity. The little chefs were invited to Andaz hotel for assisting the head chefs with their unique recipes.

Capgemini supported Sarthak Pune center in Fit Families Fest

Team Pune along with PwD trainees participated in Marathon organized by Fit Families fest with an objective to break all the barriers and set the platform for an inclusive run. The team was privileged to meet with **Mary Kom and Sania Nehwal** who boosted the spirits of team and trainees.



Centers in Progress

TMF supported South Delhi team at Airtel Delhi Half Marathon



Heartfelt thanks to Sh Sandeep Bhargava, National Advisory Board Member & Vice President, NAAI for joining team Delhi and PwD's during Airtel Delhi Half Marathon 2018. Trainees participated in 2.2 KM race under the race category of champions with disabilities.

Daan Utsav celebration across India

Sarthak Educational Trust celebrated Joy of giving week aka Daan Utsav across 15 skill building centers and also in **Bangalore, Cochin and Chennai** with the support of our prominent partners namely **Aegis, Marks & Spencer, TCS, Relaxo, Sarovar Group of Hotels, Hotel Ginger, Mahindra Finance, Park Inn, Make My Trip, Sutherland, NITTTR, Alpla, Keys Hotels**, and many more.



Stakeholders Outreach

Capacity Building session with Dr. VP Singh, National Advisory Board Member



Once again, Team Sarthak and NAAI got an opportunity to participate in a very meaningful and enriching session delivered by **Dr.V.P Singh.**

Team NAAI with eminent personalities during Abilympics

During NAAI National Event, Team NAAI got an opportunity to showcase the talent to Honourable Minister, Sh Anant Kumar Hegde, Actor Deep Raj Singh Rana, Director, Sh Rama Sura and many more.



Stories of Change & Empowerment

Asha Giakwad is an orthopedically handicapped Sarthak Pune trainee who is unable to use her lower limbs since birth.

Despite being so many struggles since childhood she is optimistic and believes that no disability can hinder her from achieving her goal.

She lives with her mother and two younger siblings who always motivates Asha to keep her life spirits high. All of them have a desire to see Asha be an independent working girl.

Asha after completing her graduation in commerce started job-hunt but due to stereotypical behavior of society, she was continuously facing disappointments. After pursuing graduation in B.Com, all she wanted was to get a good job but it was not that easy. She was jobless for a quite long period of time which made her skeptical about her future.

She came to know about Sarthak through mobilization and she visited the center and discussed with trainers regarding her training & job opportunities.

Due to her inclination towards IT-related skills, team Sarthak focused her training on computer skills. She was one of the most enthusiastic candidates of Sarthak.

Trainers at Sarthak focused on personality development of Asha, taught her workplace etiquettes. She never missed a single opportunity to be a part of any activities at Sarthak.

Her focus was such that she got selected in **Lucky Cabs Travelling Company** in her first attempt as a Data Entry Operator with a salary of Rs. 7,000 per month.

Today Asha's mother proudly shares, "She is a very strong lady. She is independent now and inspiration to many. I am really thankful to SARTHAK for giving such a wonderful platform for Persons with Disabilities (PwDs) to flourish".



Stories of Change & Empowerment

From a timid boy to a young confident man, **Nitin Lahu Bhosale** from Hadapsar, Pune talks about how his physical disability hasn't impacted much in achieving what he wanted.

He has five members in his family and his father is the only earning source who works as a farmer.

He has completed B.Com from Solapur University.

Most of the times he got rejected in job interviews due to his physical disability.



When asked what kept him moving all these years Nitin replied, “A desire to become economically independent, a desire to make people aware of my abilities”.

He has always been clear about his goals and how he intends to achieve them.

For this he got himself enrolled in 3 months training programme at Sarthak where he took a course in IT sector, English & Computers. He commuted 2 hours daily to attend training sessions at Sarthak. He always liked being communicating with people, sharing ideas with other people.

He appeared for interviews in well-known companies and today, he's successfully working at ICICI Bank as a Sales Executive Officer with a salary of Rs. 18,000 per month. At work, his pleasing manners and sweet smile endear him to everyone around, while his dedication to his work has not gone unnoticed.

Nitin's mother shared, “Today, I am really proud of my son and it has been possible only because of Sarthak”.

Message by Changemakers

"It was a great pleasure working with you. The candidates who have been hired are enthusiastically working and showing positive approach towards their work. We have been receiving good feedback from the Managers about their performance. Sarthak team is really doing a great job of providing employment to such employees. Also special thanks to chanda to co-ordinating during the interview process. Thank You for your kind co-operation"

~Ms Sharda Kadam, HR Manager, Brand Factory

"Thank you for your support in providing suitable and skilled candidates. In future also, we hope to have the same support. The Trainees from Sarthak are Trained in respective areas and are doing well, they are self-motivated and productive with their area of work. They are valuable assets for the company and good team players."

~Bhupinder Singh, Team Manager, Forever Living Products

"The candidates provided by Sarthak are working well. We are very satisfied with their knowledge & attitude of the candidates. I would like to especially appreciate the efforts by Sarthak team in training the specially-Abled people according to the company standards. We are looking for future & long association with Sarthak."

~Infant Jesus Mathew, HR Business Partner (Last mile)

Celebration across Locations



Felicitating Sh Manish Kumar,
MD & CEO, NSDC



Sarthak felicitated by NSDC for
empowering Persons with
Disabilities



Felicitating Honourable Minister
Sh Anant Kumar Hegde



Sarthak Felicitated by Capgemini
India Pvt Ltd

Let's Learn more about disability

Independence AUSTRALIA

The Official

A-Z of DISABILITY

Etiquette



A

ASK before you help; it may not always be wanted.

BE patient and don't pretend to understand or interrupt someone with a speech impediment.

COMMUNICATE naturally with your language and expressions.

Give specific DIRECTIONS considering distance, weather and obstacles eg steps.

Get down to EYE LEVEL during longer conversations by sitting or kneeling.

FOCUS on the person, not the disability. Don't bring it up unless relevant.



Avoid patronising GESTURES like patting a head or shoulder and back slapping.

A wheelchair is not a place to HOLD your bags without permission.

Always respect a person's dignity, individuality and desire for INDEPENDENCE.

JOIN the conversation and talk as you would with anyone else.

KNOW that most people with a disability can make their own decisions.



LEAVE accessible car spots for people with a disability.

Never MOVE a wheelchair without permission; it is personal property.

Speak NORMALLY; don't shout or raise your voice unless asked to do so.

Avoid OUTDATED terms like "handicapped", "crippled" and "wheelchair bound".

Don't PAT an assistance or guide dog if they're in working mode with their owner.



Increase QUALITY of life with a donation to disability support services.

REARRANGE furniture to create a clear path for wheelchairs.

SPEAK directly to the person with the disability and not to their companion.

Offer a seat to people with limited mobility on public TRANSPORT.

UNLOCK and unblock all ramps and wheelchair accessible doors.



VIEW a wheelchair as freedom to move about independently.

Only push or lean on a WHEELCHAIR with permission.

See their X-FACTOR and not their limitations.

YIELD and give way to wheelchairs on the move.

ZIP it! Not everyone wants to talk about why they're in a wheelchair.

